

# Elephant Wise News

A JOURNEY TO A MINDFUL LIFE

## What People Are Saying



Our first edition of *El Regalo del Elefante: Mindfulness for Children* has been received with great excitement. We want to share with you some of the readers' reactions:



"A book crafted with love, filled with values and virtues that can better our day-to-day lives." – Karla Mercado

"A beautiful tool to help us reach inner peace and personal acceptance." – Lia Gib

"What an invaluable book! A lot of wisdom, in simple words, that can bring us to happiness." – Omar Diaz

"An opportunity for my children and I to learn to live in the present, together." – Patty Vincent

"This book is a blessing. Beautifully told and gorgeously designed." – Diane Accaria



### Clear your mind

Be more productive and creative.



### Explore the Transformation

Experience change and clarity.



### SCHEDULE A WORKSHOP!

For children or adults, for groups, schools & businesses anywhere.



### COMING SOON!

Be on the look out for the English version: ***The Elephant's Gift***



### WE'VE BEEN TO:

San Diego, CA  
Miami, FL  
Mexico City, MX



### GET YOUR COPY!

[amiravalle@elephantwise.com](mailto:amiravalle@elephantwise.com)